

NAUTILUS BENCHES & RACKS™



- Shown with optional Olympic plate storage add on. Olympic bar sold separately.

STRENGTH MADE STRONGER

From Olympic benches which can be customized with or without weight storage to our one-of-a-kind abdominal and back extension benches, we've raised the bar for both aesthetics and function. Our benches and racks flow seamlessly with our other products so you will notice a family look and feel as you position your free weights along side our Inspiration Strength®, Impact® Strength, HumanSport®, Leverage®, multi-stations and plate loaded lines. Our benches and racks don't just look strong, they exceed industry requirements in all respects.

corehealthandfitness.com

FEATURES



MOLDED URETHANE BAR
HOLDERS FOR QUIET AND
SAFE BAR PLACEMENT



BENCHES INCLUDE INTEGRATED
GRIP AND WHEELS FOR EASY
TRANSPORT



RUBBER FEET FOR FLOOR
PROTECTION



OUR MASTER TRAINERS ARE
HERE TO GET YOUR STAFF UP TO
SPEED ON ALL NEW EQUIPMENT



MULTI-ADJ BENCH NP-B7506

W	27" (69 CM)	SHIP WEIGHT	128 LBS (58 KG)
L	55" (140 CM)		
H	20" (51 CM)		



FLAT BENCH NP-B7507

W	27" (69 CM)	SHIP WEIGHT	121 LBS (55 KG)
L	55" (140 CM)		
H	20" (51 CM)		



ADJ INCLINE BENCH NP-B7519

W	27" (69 CM)	SHIP WEIGHT	126 LBS (57 KG)
L	56" (142 CM)		
H	39" (99 CM)		



ADJ DECLINE BENCH NP-B7508

W	27" (69 CM)	SHIP WEIGHT	126 LBS (57 KG)
L	56" (142 CM)		
H	39" (99 CM)		



UTILITY BENCH NP-B7516

W	27" (69 CM)	SHIP WEIGHT	79 LBS (36 KG)
L	34" (86 CM)		
H	38" (97 CM)		



ADJ BACK EXTENSION NP-B7514

W	34" (86 CM)	SHIP WEIGHT	182 LBS (83 KG)
L	53" (135 CM)		
H	31" (79 CM)		



ADJ ABDOMINAL BENCH NP-B7510

W	35" (89 CM)	SHIP WEIGHT	169 LBS (77 KG)
L	55" (145 CM)		
H	45" (114 CM)		



SEATED PREACHER CURL NP-B7509

W	30" (76 CM)	SHIP WEIGHT	187 LBS (85 KG)
L	43" (109 CM)		
H	40" (102 CM)		



STANDING PREACHER CURL NP-B7515

W	30" (76 CM)	SHIP WEIGHT	190 LBS (86 KG)
L	39" (99 CM)		
H	45" (114 CM)		



DIP STATION NP-B7518

W	29" (74 CM)	SHIP WEIGHT	168 LBS (76 KG)
L	45" (114 CM)		
H	48" (122 CM)		



PULL-UP/DIP/LEG RAISE NP-B7511

W	48" (122 CM)	SHIP WEIGHT	368 LBS (167 KG)
L	61" (155 CM)		
H	90" (229 CM)		



LEG RAISE/DIP NP-B7517

W	28" (71 CM)	SHIP WEIGHT	300 LBS (136 KG)
L	61" (155 CM)		
H	66" (168 CM)		



BENCH PRESS NP-B7202

W	65" (165 CM)	SHIP WEIGHT	241 LBS (109 KG)
L	73" (185 CM)		
H	49" (124 CM)		



INCLINE BENCH PRESS NP-B7203

W	65" (165 CM)	SHIP WEIGHT	305 LBS (138 KG)
L	70" (178 CM)		
H	59" (150 CM)		



DECLINE BENCH PRESS NP-B7204

W	65" (165 CM)	SHIP WEIGHT	284 LBS (129 KG)
L	49" (124 CM)		
H	49" (124 CM)		



MILITARY PRESS NP-B7205

W	74" (188 CM)	SHIP WEIGHT	304 LBS (138 KG)
L	65" (165 CM)		
H	60" (152 CM)		



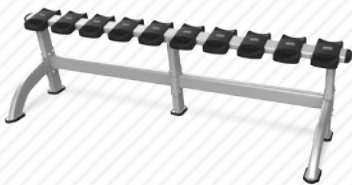
SQUAT RACK NP-R8008

W	80" (203 CM)	SHIP WEIGHT	456 LBS (207 KG)
L	71" (180 CM)		
H	79" (201 CM)		



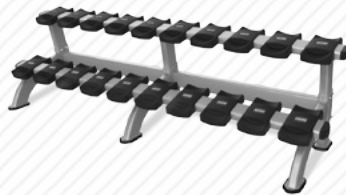
POWER CAGE NP-R8005

W	63" (160 CM)	SHIP WEIGHT	957 LBS (434 KG)
L	74" (188 CM)		
H	89" (226 CM)		



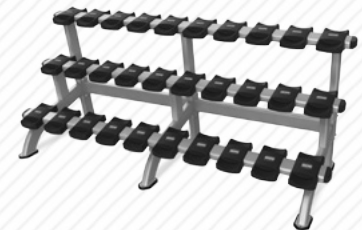
SINGLE DUMBBELL RACK NP-R8009

W	90" (229 CM)	SHIP WEIGHT	218 LBS (99 KG)
L	28" (71 CM)		
H	26" (66 CM)		



DOUBLE DUMBBELL RACK NP-R8010

W	90" (229 CM)	SHIP WEIGHT	312 LBS (142 KG)
L	28" (71 CM)		
H	26" (66 CM)		



TRIPLE DUMBBELL RACK NP-R8011

W	90" (229 CM)	SHIP WEIGHT	455 LBS (206 KG)
L	38" (97 CM)		
H	39" (99 CM)		



BEAUTY BELL RACK NP-R8014

W	40" (102 CM)	SHIP WEIGHT	141 LBS (64 KG)
L	32" (81 CM)		
H	40" (102 CM)		



BARBELL RACK NP-R8012

W	36" (91 CM)	SHIP WEIGHT	142 LBS (65 KG)
L	38" (97 CM)		
H	53" (135 CM)		



ACCESSORY RACK NP-R8013

W	28" (71 CM)	SHIP WEIGHT	163 LBS (74 KG)
L	35" (89 CM)		
H	51" (129 CM)		



2-SIDED OLYMPIC WEIGHT TREE NP-R7512

W	27" (67 CM)	SHIP WEIGHT	107 LBS (49 KG)
L	35" (89 CM)		
H	40" (102 CM)		



4-SIDED OLYMPIC WEIGHT TREE NP-R7513

W	28" (68 CM)	SHIP WEIGHT	151 LBS (68 KG)
L	28" (71 CM)		
H	46" (117 CM)		

PRODUCT TRAINING

We created our Master Trainer program to enhance the experience your staff and members have with our equipment. Different facilities have different needs and we customize our protocol to what is best for each customer. Our award-winning programming, offers education to thousands of instructors all over the world every year.



AVAILABLE COLORS

UPHOLSTERY:



Black

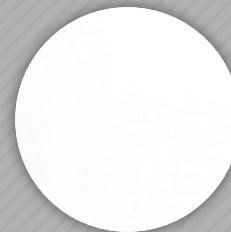


Dark Brown

FRAME:



Silver



White



Textured Black

BUILD ON GREATNESS

At **Core Health & Fitness**, when we brought together fitness brands to build our company, we settled for nothing but the best. Four iconic brands that pioneered entire categories and whose machines are still the ones **members ask for by name**. Today, we're committed to continuing the tradition that started decades ago – and that's greatness you can feel good about building your business on.



CORE HEALTH & FITNESS